Understanding Mental Health Conditions & Contributing to an Emotionally Healthy Work Environment

An estimated 1 in 5 Americans will experience a mental illness in their lifetime. Given that you, a family member or a coworker might be that one individual, perhaps you can benefit from a better understanding of how emotional and mental health conditions may impact the work environment, and what factors constitute a mental health-friendly work environment.

Please join us to discuss these issues and learn about the workplace programs and resources available to UM faculty and who experience mental health conditions.

BFDC Lunch & Learn

Thursday, 10/30/14, Arbor Dome, Arbor Lakes, 12-1 pm

Sponsored by the B&F Diversity Committee

Light Lunch Provided